

Profile

Judy Cole

Judy Cole is Amazing Results Transition & Success Coach. Judy Cole has reinvented herself several times, so knows how it feels to go through transition!

From Army Officer to freelance journalist, to IBM salesperson to leading her own successful IT Recruitment Business, to Sailor to Transition Coach, taking in three continents.

She's a creative survivor who thrives on change!

Five years ago Judy and her partner sailed out through Sydney Heads on their 45ft yacht "Destiny" on the start of a World circumnavigation, living a dream she thought would last for many years.

Two years later, waiting for a weather window somewhere in the Caribbean, they concluded the leisurely cruising life-style wasn't for them, so kept heading West, completing the trip in under 3 years.

"It was an awesome life experience, and being that close to nature gave me time to reflect on what's really important. I'm a far more compassionate, caring person than the one who sailed away!" Judy Cole

Judy has created a life she loves, leveraging her life experiences, combining her skill, knowledge and strengths as a networker and communicator, with her natural enthusiasm for life.

Judy is passionate about helping executives from all areas of business find the balance between work, contribution, personal development, leisure and FUN, making the years after they leave the permanent workforce the best of their life.

As a certified Success Coach with Cert IV in Assessment and Workplace Training, she keeps active yacht racing on Sydney Harbour, and plays a mean game of golf!

For details of Judy's World circumnavigation check out the website: www.geocities.com/destinyducks



Phone: 1300 669 139
Direct: +61 2 9922 6175
Email: info@amazingresults.com.au
Web: www.amazingresults.com.au

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EXECUTIVE SEARCH AND COACHING GROUP